

**Exploring Some Pertinent Hurdles that the Youth Living with  
HIV/AIDS Face in Botswana and South Africa:  
A Literature Review**

S. M. Kang'ethe<sup>1</sup> and Tatenda Manomano<sup>2</sup>

*University of Fort Hare, Department of Social Work and Social Development, Box X1314,  
Alice 5700, South Africa  
E-mail:<sup>1</sup><skangethe@ufh.ac.za>, <sup>2</sup><200706055@ufh.ac.za>*

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**ABSTRACT** Indubitably, although no age segment is immune to HIV/AIDS infections, the youths more than the adults are more vulnerable to HIV/AIDS infections. Perhaps this heralds the need for a campaign structure that respects the age if the epidemic is to be won expeditiously. The aim of the paper, using the review of literature methodology, is to discuss the underpinnings of increased youth vulnerability to HIV/AIDS in Botswana and South Africa. Findings indicate the following underpinnings: denial of the HIV/AIDS status; pressure not to take the ARVs; stigma and discrimination from the significant others; and fear of disclosure of the status. The paper recommends the following: adequate adolescent sexual reproductive health education; the governments to increase anti-stigma and anti-stigmatization campaigns; the use of social media to disseminate the HIV/AIDS messages and campaigns; and putting in place stronger anti-stigma legislations.